


Mental Wellness Rugby Coach: Job Description



HKRUCF
香港欖球總會社區基金
HKRU COMMUNITY FOUNDATION

Position Title:	Mental Wellness Rugby Coach	FUNDED BY:
Location:	Wong Chuk Hang, Hong Kong	
Dates:	Every Monday from December - February	LAUREUS
Time:	5:00pm - 6:30pm	SPORT FOR GOOD

ORGANISATIONAL CONTEXT

RUN Hong Kong (RUN) is a Hong Kong-based nonprofit that supports vulnerable refugees and asylum seekers to rebuild their mental and physical strength, unite across differences as a community, and nurture self-reliance for a more hopeful future. With sports as the springboard and education as the foundation, we work towards a resilient and empowered refugee community in Hong Kong and beyond.

RUN have partnered with The Hong Kong Rugby Union Community Foundation (HKRUCF), who were established in March 2013 with the aim of using rugby and the HKRU brand to bring about positive change within our community by tackling social issues.

SHINE (SPORTS, HEALTH, INCLUSION, NURTURE, EMOTIONAL WELL-BEING) PROGRAMME CONTEXT

SHINE (Sports, Health, Inclusion, Nurture, Emotional Well-being) aims to provide refugee children with structured sport and life skills learning opportunities in a safe, inclusive environment that supports social and emotional learning and allows them to positively contribute to their communities.

SHINE will consist of 12 weekly rugby and mental wellness sessions that will be delivered to refugee children aged 3 - 13 years old who have no prior experience of rugby. The programme will provide a safe and structured environment for these children to play rugby while also learning new knowledge, attitudes and skills related to mental wellness. This will be achieved through the delivery of an integrated 12-session mental wellness and non-contact rugby curriculum.

REPORTING STRUCTURE

All Mental Wellness Rugby Coaches will report to RUN's Sport Programme Coordinator.

JOB PURPOSE AND POSITION SUMMARY

The Mental Wellness Rugby coaches will be responsible for delivering 12 weekly rugby and mental wellness sessions to refugee children every Monday at 5:00 - 6:30pm in Wong Chuk Hang. All coaches must attend a coach training in order to learn how to deliver the play-based rugby and mental wellness curriculum.

The commencement date will be announced once the recruitment process is finalised and 12 sessions will be delivered from that starting date. Sessions will not go ahead on Hong Kong public holidays or in the case of extreme weather conditions.

KEY AREAS OF RESPONSIBILITY

The Mental Wellness Rugby coaches will ensure that:

- The 12 session mental wellness through rugby curriculum is delivered to children in a structured and engaging way;
- The coaching group work together to adapt the rugby and mental wellness content as needed to ensure that it is appropriate for the different age groups (3 - 6 years old; 7 - 10 years old; 11 -13 years old);
- All participants are included, safe and feel valued across all sessions;
- Participants can demonstrate improvements in their rugby and mental wellness knowledge, attitudes and skills.

Monitoring and Evaluation

The Mental Wellness Rugby coaches will be responsible for supporting RUN and HKRUCF staff to conduct a play-based survey for children before the first session (baseline survey) and after the last session (endline survey) in order to collect data that will support programme learning.

REQUIRED COMPETENCIES/ EXPERIENCES /QUALIFICATIONS

Core Competencies

- Commitment to RUN's values, vision and mission and ability to demonstrate these values when coaching children;
- A strong interest in developing mental wellness in vulnerable groups;
- Accountability and flexibility.

Functional/Technical Competencies

- Strong experience coaching (non-contact) rugby at an entry level;
- Experience working with children (delivering education preferred);

- Experience working with vulnerable groups preferred.

Qualifications and Experience

- Level 1 World Rugby Certification or above preferred;
- Proficiency in English;
- At least 2 years of sport coaching experience.

WORKING CONDITIONS & OTHER ESSENTIAL REQUIREMENTS

- Availability every *Monday December – February* from 5:00pm - 6:30pm in Wong Chuk Hang (exact dates to be confirmed);
- Available to attend one *coach training* and *child safeguarding* course on **Monday, 6th December 5:30-8:30pm** in the RUN office in Wong Chuk Hang. More information will be provided upon successful application;
- Commitment and adherence to RUN's policies and procedures is required;
- Adherence to Laureus' written safeguarding policy is required;
- Coach allowance based on HKRUCF's standard coaching rates.

To apply, please send your CV and a cover letter detailing your interest and relevant skills to erin@runhk.org

RUN and HKRUCF are equal opportunities employers